## 40 DAYS OF LENT CALENDAR 2024 "PRAY & WORK"

Slater & Sheldahl
UNITED METHODIST
CHURCHES

**PRAY:** Each day read (or memorize) the bible verse and pray it back to God so that the Bible verse is your own prayer to God. They are all short and encouraging.

**WORK:** Each day add an item to a box to collect your donations for 40 days or whenever you are available. You can bring the items to church each week or at the end of 40 days.

Day	Date	Food Item	Bible Verse		
1	February 14, ASH WEDNESDAY	Canned fruit			
2	February 15	Can of Beans	1 Chronicles 16:11 - Seek the Lord and his strength, seek his presence continually		
3	February 16	Chicken or Beef Broth	2 Corinthians 5:7 - For we walk by faith, not by sight.		
4	February 17	Canned Spaghetti	<b>Philemon 1:25</b> - The grace of the Lord Jesus Christ be with your spirit.		
Februa	ary 18, First Sun	day of Lent			
5	February 19	Instant Mashed Potatoes	Colossians 3:2 - Set your minds on things that are above, not on things that are on earth.		
6	February 20	Can of Vegetables	Psalm 56:3 - When I am afraid, I put my trust in thee.		
7	February 21	Canned Stew	<b>John 3:16</b> - For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life.		
8	February 22	Instant Oatmeal	Psalm 119:105 - Thy word is a lamp to my feet and a light to my path.		
9	February 23	Can of Meat Product	<b>Colossians 3:2</b> - Ask, and it will be given you; seek, and you will find; knock, and it will be opened to you.		
10	February 24	Snack Pudding	<b>Proverbs 3:5</b> - Trust in the Lord with all your heart, and do not rely on your own insight.		
Februa	February 25, Second Sunday of Lent				
11	February 26	Can of Mixed Vegetables	Matthew 11:30 - For my yoke is easy, and my burden is light.		
12	February 27	Diced Tomatoes	Philippians 4:13 - I can do all things in him who strengthens me.		
13	February 28	Tomato Sauce	Romans 12:12 - Rejoice in your hope, be patient in tribulation, be constant in prayer.		
14	February 29	Juice Boxes	Matthew 28:19-20 - Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age.		
15	March 1	Apple Sauce	<b>Matthew 18:20</b> - For where two or three are gathered in my name, there am I in the midst of them.		
16	March 2	Cereal	James 2:17 - So faith by itself, if it has no works, is dead.		
March	March 3, Second Sunday of Lent				
17	March 4	Jiffy Mixes	<b>Psalm 31:24</b> - Be strong, and let your heart take courage, all you who wait for the Lord!		
18	March 5	Ravioli	<b>John 14:6</b> - I am the way, and the truth, and the life; no one comes to the Father, but by me.		
19	March 6	Canned Soup	Mark 10:27 - With men it is impossible, but not with God; for all things are possible with God.		

Day	Date	Food Item	Bible Verse
20	March 7	Canned Soup	<b>1 Corinthians 10:31</b> - So, whether you eat or drink, or whatever you do, do all to the glory of God.
21	March 8	Pasta Sauce	<b>Psalm 118:24</b> - This is the day that the Lord has made; let us rejoice and be glad in it.
22	March 9	Canned Fruit	<b>Jeremiah 29:11</b> - For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.
March	10, Third Sunday	of Lent	
23	March 11	Brown or White Rice	<b>Psalm 136:1</b> - Give thanks to the Lord, for he is good. His love endures forever.
24	March 12	Pancake Syrup	<b>Lamentations 3:22-23</b> - The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.
25	March 13	Egg noodles	<b>Deuteronomy 31:6</b> - Be strong and courageous. Do not be afraid or terrified because of them, or the Lord your God goes with you; he will never leave you nor forsake you.
26	March 14	Pasta Sauce	Matthew 4:10 - You shall worship the Lord your God and him only shall you serve.
27	March 15	Pan Spray or Canola Oil	<b>Psalm 34:8</b> - Taste and see that the Lord is good; blessed is the one who takes refuge in him.
28	March 16	Canned Soup	<b>Psalm 107:1</b> - Give thanks to the Lord, for He is good; his love endures forever.
March	17, Fourth Sunda	ay of Lent	
29	March 18	Granola Bars	<b>Romans 8:28</b> - And we know that in all things God works for the good of those who love him, who have been called according to his purpose.
30	March 19	Peanut Butter	Matthew 11:28 - Come to Me, all you who are weary and burdened, and I will give you rest.
31	March 20	Crackers	1 Peter 5:7 - Cast all your anxieties on him, because he cares for you.
32	March 21	Soup	<b>Psalm 96: 1-2</b> Sing to the Lord a new song; sing to the Lord, all the earth. Sing to the Lord, praise his name; proclaim his salvation day after day.
33	March 22	Mac & Cheese	<b>Romans 15:13</b> - May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.
34	March 23	Boxed Stuffing	Psalms 56:3 - Whenever I am afraid, I will trust in You.
March	24, Fifth Sunday	of Lent	
35	March 25	Canned Fruit	<b>Read about:</b> Jesus at the Temple in Luke 19:45-20:8 <b>Reflection:</b> Think about your body as the temple.  What does Jesus need to clean to be truly honored?
36	March 25	Jello	<b>Read about:</b> Jesus teaching at the Temple in Luke 20:1-40. <b>Reflection:</b> Have there been times when Jesus' truth has seemed harsh to you or hard to follow?
37	March 27	Instant Potatoes	Read: Luke 20:41-47 & Luke 22:1-6. Refection: Sometimes we want Jesus to do what we want or act the way we feel he should. Think on this and how that led Judas astray.
38	March 28 Maundy Thursday	Canned Meat Products	Join for the Maundy Thursday Service at 7pm at Slater UMC
39	March 29 Good Friday	Canned Chili	Join for the Good Friday Service at 7pm at Slater UMC
40	March 30 Holy Saturday	Pancake Mix	Read: Luke 23:56 and Prepare for Easter